

## BUCS/BUSA Yachting Nationals - Sailing Instructions

29th March – 2nd April 2015

### 1. Rules

- 1.1. The championship will be governed by the current Racing Rules of Sailing (RRS), the prescriptions of the RYA, Sunsail Match First 40 Class Rules, the Notice of Race and these Sailing Instructions. In the case of conflict these Sailing Instructions will prevail. This changes RRS 63.7
- 1.2. The event is to be raced under the principles of the RYA Racing Charter.
- 1.3. Harbour byelaws and regulations.
  - (a) [http://www.southamptonvts.co.uk/Port\\_Information/Regulations/Byelaws/](http://www.southamptonvts.co.uk/Port_Information/Regulations/Byelaws/) and a copy will be posted on the Official Notice Board.
  - (b) Southampton Harbour Bye-law. The attention of all competitors is drawn to Notice to Mariners No 3 of 2014 <http://www.southamptonvts.co.uk/admin/content/files/NTMs/2014%20No%2003.pdf> : This Moving Prohibited Zone shall be deemed an obstruction and the Race Committee may disqualify a boat that infringes this instruction without a hearing except that the offending boat shall be entitled to a hearing on request. This changes RRS 63.1 and A5.
  - (c) Portsmouth Harbour Regulations. Helmsmen are reminded of their strict obligation NOT TO IMPEDE SHIPS in Main Buoyed channels and when proceeding in and out of Portsmouth Harbour to use the Small Boat channels as prescribed in the QHM's Notice to Mariners. <http://www.qhm.mod.uk/portsmouth/leisure/>
  - (d) Boats shall not anchor or kedge:
    - Within an area bound by the mainland shore and the Browndown Range, North East Ryde middle and Stokes Bay buoys.
    - Between Egypt Point and Thorness Bay, where there are high tension (132 KV) cables on the sea bed.

### 2. Information And Notices To Competitors

- 2.1. Notices to competitors will be posted on the Official Notice Board (ONB) at the Portsmouth Harbour Yacht Club (Sunday evening, Monday morning and Thursday afternoon) and at Tiger Tiger, Gunwharf Quays (Monday evening through till Thursday morning).
- 2.2. Daily briefings will take place at the following times and venues:

Day	Time	Venue
Sunday 29 <sup>th</sup> March 2015	1900	PHYC
Monday 30 <sup>th</sup> March 2015	0800	PHYC
Tuesday 31 <sup>st</sup> March 2015	0800	Tiger Tiger
Wednesday 1 <sup>st</sup> April 2015	0800	Tiger Tiger
Thursday 2 <sup>nd</sup> April 2015	0800	Tiger Tiger

- 2.3. Daily briefings are mandatory, and shall be attended by each skipper and one other crew member. Attendance shall be recorded by signing a register. It is the responsibility of the skipper to ensure the skipper and crew sign the register each day. Failure to comply with this instruction will result in the following.
  - (a) The penalty for not attending on the first occasion will be a 5% penalty and will be added to the score, without a hearing, for the first race of the day.
  - (b) For all subsequent offences a 20% penalty will be added to the score, without a hearing, for the first race of the day.

This amends RRS 63.1 and A5.

### 3. Changes To Sailing Instructions

- 3.1. Except as provided in 3.2, any change to the Sailing Instructions will be posted on the Official Notice Board before 08:30 on the day it will take effect, except that any change to the Schedule of Races will be posted by 20:00 on the day before it will take effect.
- 3.2. Race information and changes to the sailing instructions may be broadcast orally using VHF Ch. 72 once competitors have taken to the water. Competitors will be notified of any changes before the warning signal, in accordance with RRS 90.2(c). Boats shall keep radio watch on VHF Ch. 72 from 30 minutes before the published time of the warning signal.

### 4. Boats And Crew

- 4.1. Boats will be provided for all competitors, who shall not modify them or cause them to be modified in any way. Competitors shall adhere to the Sunsail Match First 40 Class Rules at all times whilst racing.
  - (a) Competitors are prohibited from climbing the mast, unless directed to by Sunsail bosuns.
  - (b) In addition to Class Rule 2.9, different winch handles shall not be brought on board.
  - (c) In addition to Class Rule 2.10, binoculars, hand-bearing compasses, and drawing instruments are permitted.
- 4.2. Sail plan to be used:
  - (a) If no sail plan flags are displayed from the committee boat full main, headsail and spinnaker are allowed.
  - (b) If international code flag W (Whiskey) is displayed from committee vessel no spinnakers.
  - (c) If international numeral pennant 1 is displayed from the committee vessel 1 reef in mainsail.
  - (d) If international numeral pennant 2 is displayed from the committee vessel 2 reefs in mainsail.
  - (e) If international numeral pennant 3 is displayed from the committee vessel 3 reefs in mainsail.
  - (f) Sail plan flags maybe used in any combination.
  - (g) If sail plan flags are used they will be displayed prior to the warning signal and maybe relayed by VHF Ch. 72. The failure to receive such broadcast shall not be ground for redress.
- 4.3. In the event of contact which causes or may have caused structural damage, a boat shall inform the race committee using VHF Ch. 72 immediately. The race committee may direct a boat to retire and proceed ashore. They shall comply with the race committee's decision.
- 4.4. The team of 8 registered crew shall be present on the boat whilst racing. All requests for changes to the registered crew list shall be submitted in writing to the race committee by 08:30 on the first day the change effects.
- 4.5. The registered Skipper shall be in charge of the vessel at all times. Helming during racing may be delegated to a registered helm. Helms shall identify themselves at registration.

### 5. Signals Made Ashore

- 5.1. Signals made ashore on Monday morning will be displayed from the flagstaff of the Portsmouth Harbour Yacht Club. From Monday afternoon all signals made ashore will be made from the committee boat whilst moored at Gunwharf Quays.

### 6. Schedule Of Races

Day	First Start	Race
Monday 30th March	10:00	Practice starts, followed by a short practice race
		Race 1 (Windward – Leeward)
		Race 2 (Windward – Leeward)
		Race 3 (Windward – Leeward)
Tuesday 31st March	09:30	Race 4 (Windward – Leeward)
		Race 5 (Windward – Leeward)
		Race 6 (Inshore Coastal Race – approx. 2 – 2 ½ hrs duration)
Wednesday 1st April	09:30	Race 7 (Windward – Leeward)
		Race 8 (Long Inshore Race - approx. 5 hrs duration)
Thursday 2nd April	10:00	Race 9 (Windward – Leeward)
		- 10:00 Gold Fleet warning signal.
		- 10:10 Silver Fleet approx. warning signal.
		Race 10 (Windward – Leeward) a.s.a.p. after Race 9.

- 6.1. At the Organising Authorities discretion, the Race Committee may alter or reschedule the above programme for any reason.

7. Class Flags
  - 7.1. The Sunsail Match First 40 Class Flag will be displayed as the warning flag in the starting sequence for the qualifying series. The Class Flag is the Sunsail Logo on a Blue Background.
  - 7.2. The class flag for the Gold Fleet will be the Sunsail Match First 40 Class Flag displayed over Flag G (Golf). The Class Flag for the Silver Fleet will be the Sunsail Match First 40 Class Flag.
8. Racing Areas
  - 8.1. The race area will be the Central, Eastern and Western Solent and Hayling Bay.
9. The Course
  - 9.1. The course to be sailed for the Practice race and Races 1, 2, 3, 4, 5, 7, 9 and 10 is described in Appendix 1.
  - 9.2. The number of laps to be sailed will be displayed on the Committee Boat, along with the approximate bearing and distance to Mark 1. After completing the required number of laps, yachts should then sail directly to the Finish line.
  - 9.3. Competitors will be informed of any change of course after the start for Races 1, 2, 3, 4, 5, 7, 9 and 10 in accordance with RRS 33.
  - 9.4. The courses for Races 6 and 8 will consist of a series of fixed marks or a combination of fixed and laid marks or laid marks only. The Race Committee will endeavour to provide these courses at the daily briefing. The 2015 SCRA mark list will be used and copies can be provided at registration. The two digit representations of the marks will be used. The course will be announced before the warning signal using VHF Ch. 72.
10. Marks
  - 10.1. All inflatable marks, including their shape and size will be confirmed at the briefing on the morning of Monday 30<sup>th</sup> March.
11. The Start
  - 11.1. The start area will be announced at the daily briefing.
  - 11.2. The starting line will be between a mast displaying an orange flag on the race committee vessel and Outer Distant Mark (ODM). The start ODM will be an inflatable buoy.
  - 11.3. To alert boats to the first race of the day, or after a significant delay in the schedule, the orange starting line flag will be displayed (with one sound) for at least five minutes before a warning signal is made.
  - 11.4. Individual Recalls: In addition to RSS 29.1 the race committee may broadcast the sail number of recalled boats on VHF Ch. 72. The failure to make or receive such broadcast shall not be grounds for redress, this changes RRS 62.1(a).
  - 11.5. A boat starting later than 10 minutes after her starting signal will be scored DNS. This changes RRS Appendix A4.
  - 11.6. On Thursday 2<sup>nd</sup> April there shall be no warning signal made after 12.45.
12. The Finish
  - 12.1. The finish line will be between the mast displaying an orange flag on the Committee Boat and the nearby finish mark.
13. Time Limits
  - 13.1. The target time for the Windward / Leeward races 1, 2, 3, 4, 5, 7, 9 and 10 will be 75 minutes for the first yacht.
  - 13.2. The time limit for the Windward / Leeward races will be 25 minutes after the first boat finishes in each race.
  - 13.3. The time limit for Race 6 and 8 will be 1.5 hours after the first boat finishes. All boats not finishing within the time limit will be scored TLE (Time Limit Expired) without a hearing. The score for all boats not finished within the time limit will be one point more than the number of boats that have finished within the time limit. This changes rules 35, A4.1 and A4.2.
14. Penalty System
  - 14.1. RRS 44.1 is changed such that the penalty shall be a One -Turn Penalty (1 tack and 1 gybe). However, if a boat may have broken a rule of Part 2 while any part of any boat involved in the incident was in the *zone* (three hull lengths from the mark) the penalty shall be a Two -Turns Penalty (2 tacks and 2 gybes).

## 15. Protests

- 15.1. Adding to rule 61.1(a), boats intending to protest shall radio their intention to the race committee using VHF Ch. 72 immediately after completion of the race concerned and await an acknowledgement.
- 15.2. The Exoneration Penalty, RYA Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes Procedures will be available. Decisions from the RYA Arbitration can be referred to a protest committee but cannot be reopened or appealed. Further details will be published on the Official Notice Board. The Exoneration penalty shall be a 30% place penalty.
- 15.3. Protest forms will be available from Tiger Tiger on Monday, Tuesday and Wednesday and from the Sunsail reception desk at Port Solent on Thursday.
- 15.4. Protests must be delivered with mobile telephone numbers included on the form to the events desk at Tiger Tiger (Monday-Wednesday) or the reception desk at Sunsail (Thursday) within one hour of the last boat returning to Gunwharf Quays (Monday-Wednesday) or Port Solent (Thursday). This time will be posted on the ONB. In exceptional circumstances this time limit may be changed at the discretion of the Protest Committee.
- 15.5. A notice will be posted on the ONB indicating the location and time of any protest hearing within 30 minutes of the delivery of the protest form.
- 15.6. The Protest Committee may, at its sole discretion, award a lesser penalty than DSQ. This changes RRS 64.1

## 16. Scoring

- 16.1. Scoring will be in accordance with RRS Appendix A4 and the Low Point System.
- 16.2. 10 races are scheduled of which 2 must be completed for the event to qualify as a championship.
- 16.3. One discard will be allowed in the qualifying series as per the Notice of race. Neither the Coastal nor Long Inshore races (if raced) shall be discarded.
- 16.4. Race results will be published on the ONB as soon as possible after each day's racing.
- 16.5. The Fleet will be split into Gold and Silver Fleets for the final day of racing. The fleets will contain as even a number of teams as possible. Where an odd number of boats are entered, the Gold Fleet will contain the extra boat.

## 17. Safety and Retirement

- 17.1. Personal Flotation Devices, in accordance with RYA Prescriptions Rule 40, shall be worn at all times whilst afloat. This changes, Class Rule 2.12, RRS 40, and Race Signals.
- 17.2. All boats shall maintain a listening watch on VHF Ch. 72 from 30 minutes before the published time of the warning signal until they return to Gunwharf Quays/Port Solent.
- 17.3. Boats retiring from a race shall notify the race committee by VHF Ch. 72 and await an acknowledgement before returning to Gunwharf Quays/Port Solent.

## 18. Equipment And Measurement Checks

- 18.1. A boat or the eligibility of the crew or equipment may be inspected at any time for compliance with the provisions of the Notice of Race and Sailing Instructions.
- 18.2. While all reasonable steps are taken to equalise the boats, variations will not be grounds for redress. This changes RRS 62.

## 19. Haul-Out Restrictions

- 19.1. Boats shall not be hauled out during the competition except with and according to the prior written permission of the Race Committee.

## 20. Risk Statement & Disclaimer Of Liability

- 20.1. A boat and team are entirely responsible for their own safety, whether afloat or ashore, and nothing, whether in the Notice of Race or Sailing Instructions or anywhere else, reduces this responsibility.
- 20.2. Competitors' attention is particularly drawn to RRS Rule 4: *"The responsibility for a boat's decision to participate in a race or to continue racing is hers alone"*.
- 20.3. Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the Championship, each competitor agrees and acknowledges that:
  - (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the Championship; they are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

- (b) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (c) They are fit to participate in the Championship and, before racing in any boats supplied to them, they will satisfy themselves that such boats are in good order and equipped to race in the Championship;
- (d) The provision of a race management team, patrol boats, umpires and any other officials and volunteers does not relieve them of their responsibilities; and
- (e) The provision of any patrol boat or other official boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- (f) Competitors participate in this competition entirely at their own risk. The Organising Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the competition.

## 21. Prizes And Prize giving

21.1. There will be a reception with HRH The Princess Royal, President of the RYA between 16.00 and 17.00 on Thursday 2nd April 2015 at Port Solent. Prize giving will be held between 16:00 and 17:00hrs on Thursday 2nd April 2015 at the Portsmouth Harbour Yacht Club.

- (a) The Sunsail Trophy will be presented to the winning team.
- (b) BUCS medals will be given to the top three GBR teams.
- (c) The Scottish and Welsh Yachting Trophies will be presented to the top placed Scottish team and Welsh team.
- (d) The Jim Saltonstall Teapot Trophy will be presented to the winner of the Long Inshore Race.

21.2. No personal cameras or recording equipment (including phones) will be allowed at the venue during the visit of Her Royal Highness.

## 22. Support Boats

22.1. Except as provided in 22.2, team leaders, coaches, safety boats, support personnel, and anyone associated with a competitor shall stay outside areas where boats are racing. In accordance with RRS 41, such boats shall not communicate with competitors at any time while racing unless attending a boat in distress requiring assistance, or as directed by the race committee. Support boats are requested to provide a name, mobile number and boat name to the Organising Authority at registration.

22.2. Specified coaches, whose names will be posted on the official notice board may enter the racing area. These coaches may give outside help to any boat during racing and any boat may receive such help. This changes RRS 41.

## 23. Required Attendance

23.1. At least two members from each boat (one of whom must be the registered skipper) shall attend the post-racing coach debriefs. The penalty for failing to comply with this rule will be a charitable contribution of £5.00 to the RNLI from the boat concerned.

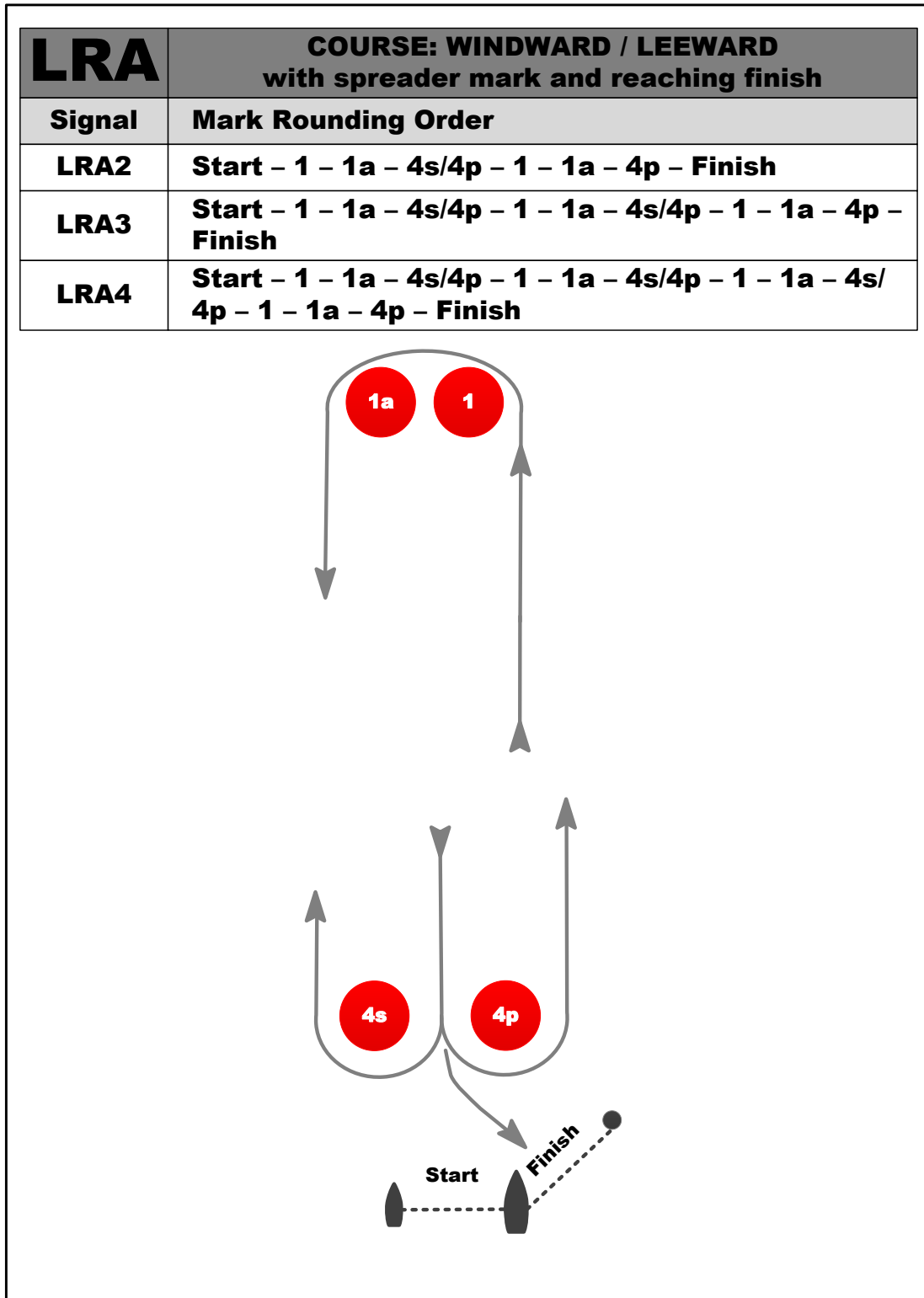
## 24. Identification While Racing

24.1. The first, second and third boats in series ranking at the beginning of each day shall display a yellow, blue or red coloured flag on the backstay throughout that day's racing. The Organising Authority will supply the coloured flag, and instructions for their use.

24.2. During race 9 and 10, teams which are part the Gold Fleet shall display a coloured flag to indicate which fleet they have been assigned. The Organising Authority will supply the flags and instructions for their use.

## Appendix 1 – The Course

The course to be sailed for the Practice Race and Races 1, 2, 3, 4, 5, 7, 9 and 10 shall be formed of inflatable marks, as described at the Skippers Briefing. The course to be sailed is detailed below.



## Appendix 2 – Tide Tables

The following is an extract of the Tide Times for Portsmouth during the regatta period. Times shown are corrected to BST.

Date	Sunrise	Sunset	Time	Height
29/03/2015 Neap	06:48	19:31	07:36	3.7
			13:15	1.8
			20:23	3.8
30/03/2015	06:46	19:33	01:49	1.9
			08:47	3.7
			14:18	1.7
			21:34	3.9
31/03/2015	06:43	19:35	02:50	1.8
			09:47	3.9
			15:12	1.5
			22:26	4.1
01/04/2015	06:41	19:36	03:39	1.5
			10:33	4.1
			15:57	1.3
			23:01	4.3
02/04/2015	06:39	19:38	04:21	1.2
			11:12	4.2
			16:36	1.1
			23:37	4.4

## Appendix 3: Behaviour at the Regatta

### A note from the BUSA Committee

“We want you to enjoy yourselves, and have a brilliant regatta. Unfortunately student behaviour at some sporting events has been poor and sometimes unacceptable. Remember you are acting as representatives of your university and BUSA will hold your university club – as well as you – equally responsible for any misconduct.

Under civil law it is an offence to use bad language on public radio channels – everything you say on air will be heard by a large number of people, most of whom will know exactly who you are.

In addition to civil process, action under the Racing Rules of Sailing following bad behaviour may exclude a person from the rest of the BUSA regatta and ban them and their university from any other sailing event, anywhere. And you get no money back!

Thank you for your attention.”