

## **SAILING INSTRUCTIONS**

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### **1 Rules**

- 1.1 Racing will be governed by the *rules* as defined in the Racing Rules of Sailing (RRS) including Appendix D, Team Racing Rules.
- 1.2 When required by RRS 40 and the RYA Prescription thereto, each competitor shall wear a personal flotation device (PFD) that complies with ISO 12402-5 -Level 50 or equivalent, unless a higher specification is specified in the notice of race.
- 1.3 Addenda A, B and C to these sailing instructions (SIs) always apply. Other addenda apply only when so stated. The letters D and I are not used to identify addenda.
- 1.4 The right of appeal is denied in accordance with RRS 70.5(a).

### **2 Eligibility and Registration**

- 2.1 To become eligible a team shall register as required by the notice of race or, if not specified, on arrival at the event.
- 2.2 After registration, no team member may be changed without the prior written consent of the organising authority which will be given only in exceptional circumstances.

### **3 Event Format and Schedule of Races**

- 3.1 The intended format of the event is described in SI Addendum B.
- 3.2 The initial schedule of races will be displayed on the official notice board. Any changes thereto and schedules for subsequent races will be displayed not less than 10 minutes before the start of those races.
- 3.3 Every race will be assigned a race number in the race schedule.
- 3.4 When the race or protest committee orders a resail of a completed race, the race committee may postpone the resail indefinitely and score each team half a race win unless the result is relevant to progress, but not seeding, in any further stage.

### **4 Protests, Requests for Redress and Penalties**

- 4.1 Protests and requests for redress that have not been decided afloat shall be notified to the race office within 10 minutes after the relevant incident or, if the incident is afloat, within 10 minutes after coming ashore.
- 4.2 When the outcome of a protest or request for redress would not affect which teams qualify to a later stage, the protest committee may refuse to hear it. This amends RRS 63.1.
- 4.3 When RRS D2 applies and the race umpires together with one other umpire (when available) decide that a boat has broken RRS 14 and there is damage or injury, they may penalize her team by half a race win without a hearing. The boat will be informed as soon as practical and may request a hearing. Any penalty after a hearing will be in accordance with RRS D3.1(e). This amends RRS 63.1.
- 4.4 When a boat is scored NSC (did not sail the course), 6 points shall be added to her score. This amends RRS A5.2.

- 4.5 When the race committee decides that a competitor has broken SI A1.5, personal flotation device, or SI A1.6, wet or dry suits, it shall penalize the competitor's team one race win without a hearing. This amends RRS A5.2.
- 4.6 When the protest committee decides that a breach of a rule, other than a rule of RRS Part 2, has had no effect on the outcome of a race, it may make any arrangement it decides is equitable, which may be to impose no penalty. This amends RRS 64.2 and D3.1.
- 4.7 When a boat takes a penalty turn that includes a tack, the head of any spinnaker shall be below the main-boom gooseneck from the time the boat passes head to wind until she is on a close-hauled course. This amends RRS 44.2.
- 4.8 A boat may not protest another boat under SI Addendum L. This amends RRS D1.2(a).
- 4.9 Add sub-paragraph (h) to RRS D2.3 as follows
  - (h) breaks a rule in SI Addendum L.

## **5 Risk Statement**

- 5.1 Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges the risk statement as included in the Notice of Race. If the Notice of Race does not include a risk statement, the RYA Risk Statement will apply as included in Addendum A to Appendix J of the RYA publication of the RRS.

## ***Index to SI Addenda***

*Not all addenda will apply to every event; see SIs 1.4 and A5.1.*

### Addenda That Always Apply

- A Event Related Rules
- B Event Format
- C Courses

### Race Formats and Schedules

- E Round-Robins in Groups, Schedules and Tie Breaks
- F Random Pairs, Schedules and Tie Breaks
- G Swiss League, Schedules and Tie Breaks
- H HLS League, Schedules and Tie Breaks
- J Special Event Format (provided by race committee)

### Other Addenda

- K When Boats are Supplied by the Organizing Authority
- L Boat Handling Rules

## Addendum A

### Event Related Rules

#### Event:

#### **Section 1: Additional Rules**

A1.1	RRS D2 applies. Races will be umpired.	Yes
A1.2	RRS D1.1(d) applies. Arm Signals are required.	No
A1.3	(1) A boat capsized after her starting signal, so that her masthead is in the water, shall retire promptly.	Yes
A1.4	(1) Provided the flag remains on the buoy there shall be no penalty when a boat touches any part of a flag which does not surround the staff of a mark. This amends RRS 44.1.	Yes
A1.5	A personal flotation device that complies with SI 1.2 shall be worn at all times whilst afloat, except briefly while changing or adjusting clothing or personal equipment.	Yes
A1.6	Wet or dry suits shall be worn at all times when afloat.	Yes

#### **Section 2: Other Rules for Boats**

- A2.1 CONTINUITY  
Before starting and after finishing or retiring, boats shall sail to minimise any delay to the race schedule and without interfering with any race in progress.
- A2.2 ELECTRONIC DEVICES AND COMMUNICATIONS  
While racing,  
(a) the use of electronic instruments is prohibited other than compass, watches and small video devices such as Go-Pros;  
(b) boats shall not transmit on any electronic communication device (including mobile phones) except in an emergency, or in response to a request from the race committee. See also RRS D1.1(g).
- A2.3 WHEN LEAVING OR RETURNING TO THE BERTH OR MOORING  
Boats shall comply with local regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring.
- A2.4 REQUIRED ACTIONS AT END OF EACH DAY  
At the end of each sailing day, the crew shall complete the following tasks:  
(a) Sails shall be rolled, bagged and placed, as directed.  
(b) The boat shall be left in the same state of cleanliness as when first boarded that day.  
(c) The crew shall comply with any directions posted on the boats or otherwise given to the crew by the race committee.  
(d) The boat shall be returned to the dock or other notified location and secure it safely in accordance with any local instructions
- A2.5 At the end of the final day for a particular boat, the boat shall be cleaned (cabin and decks) all trash & recycling removed.

#### **Section 3: Communications with Competitors**

##### A3.1 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in the clubhouse used for the event.

**A3.2 CHANGES TO SAILING INSTRUCTIONS**

Changes to these SIs will be signalled by flying flag L from Club flagpole. Such changes will be posted on the official notice board not less than 10 minutes before the warning signal of the first affected race.

**A3.3 SIGNALS MADE ASHORE**

Signals made ashore will be displayed on the Club flagpole. If different, they will be displayed

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**Section 4: Courses, Marks, Starting & Finishing Lines, Obstructions and Time Limits**

**A4.1 THE RACING AREA, COURSE, MARKS, MOVING MARKS, OBSTRUCTIONS, STARTING LINE AND FINISHING LINE WILL BE DETERMINED IN THE PRE-EVENT INSTRUCTIONS.**

**A4.2 TIME LIMITS**

The time limit for each race shall be 30 minutes.

## Section 5: Starting Procedure

### A5.1 STARTING SIGNALS

Races will be started by using the signals and timing selected in the following table. Times shall be taken from the start of each sound signal; the failure of a visual signal shall be disregarded. This amends RRS 26.

**Mark '✓' in the top row, one column for timing and one column for visual signals**

EVENT SYSTEM					
<i>Signal</i>	<i>Timing options</i>		<i>Sound</i>	<i>Visual signal options</i>	
	<i>Minutes before starting signal</i>			<i>Flags</i>	<i>Battens or orange cylinders</i>
Warning	3	5	One	Class flag up	3 displayed
Preparatory	2	4	One	Flag P up	2 displayed
One-minute	1	1	One	Flag P down	1 displayed
Starting	0	0	One	Class flag down	None

However, when the starting signal is also the warning signal for the next race, the class flag will remain displayed, or 3 battens or cylinders will be displayed. Attention may be drawn to an imminent warning signal by a series of short sound signals.

### A5.2 RECALL SIGNALS

When a boat is subject to RRS 29.1, flag X need not be displayed for more than 1 minute after the starting signal; this amends RRS 29.1. The race committee may hail the sail numbers or the total number of premature starters.

### A5.3 TIME LIMIT FOR STARTING

A boat that fails to start within 2 minutes of her starting signal shall be scored RET (retired) without a hearing. This amends RRS 63.1 and D3.1(a).

### A5.4 GENERAL RECALL

After a general recall, succeeding races may be delayed for the recalled race.

**Section 6: Addenda and Local Rules**

**A6.1 RULES IN SI ADDENDA**

The rules in the following SI addenda apply throughout the event:

Addendum K	When Boats are Supplied by the Organizing Authority	Yes

**A6.2 LOCAL RULES**

The following local rules also apply:

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## **Addendum B**

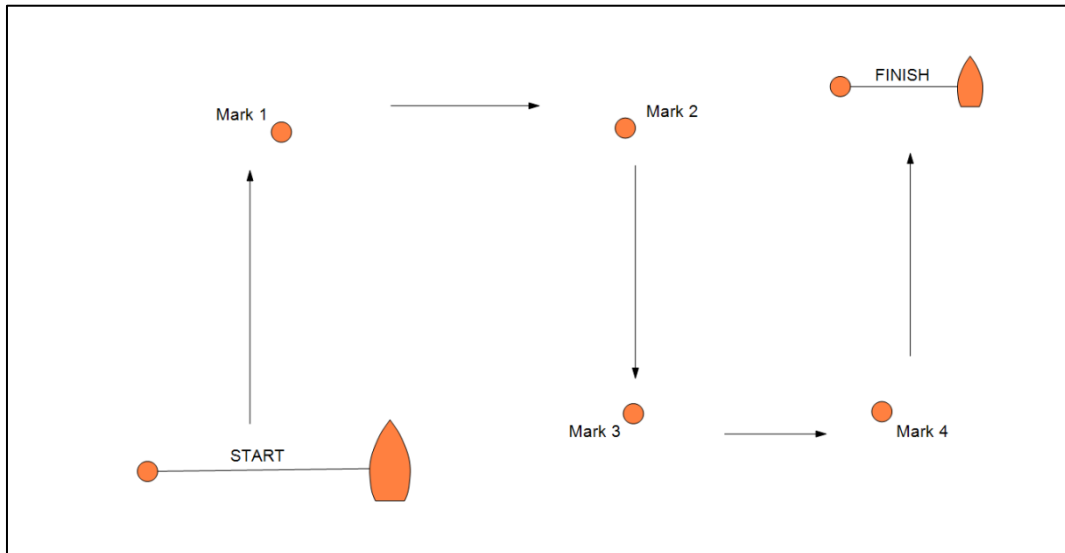
### **Event Format**

The event will be a HLS League as described in Addendum H.

## Addendum C Courses

### C1 'S' COURSE

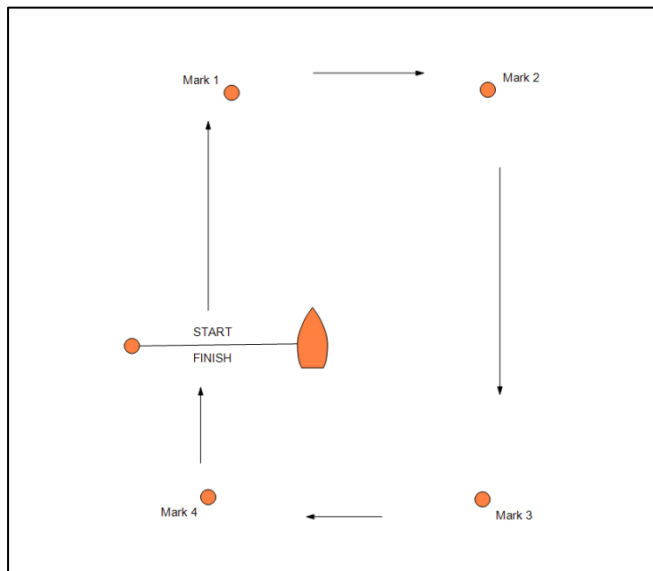
*This is the standard team racing course for multi-team dinghy events. In most conditions it enables rolling starts at 3 minute intervals.*



Start, round marks 1 then 2 to starboard, round marks 3 then 4 to port, Finish

### C2 RECTANGULAR COURSE

*If rolling starts are required, separate start and finishing lines should be laid.*



Start, round marks 1, 2, 3 and 4 in order, then cross the start/finish line.

The marks shall be rounded to port or starboard and the number of laps to be sailed shall be as displayed on the official notice board or on the committee vessel.

### C3 OTHER COURSE

As displayed on the official notice board.



## Addenda D,E,F and G have been deleted

### Addendum H HLS League

H1 Teams for each race will be selected randomly. A team will not sail any other team more than once in a stage.

#### Rules for this stage

- H2 If the full round robin has been completed, teams will be ranked on the basis of RRS D4.3(a) and ties broken using RRS D4.4. RRS D4.3(b) does not apply.
- H3 If the full round robin has not been completed, teams will be ranked in order of their percentages of races won. Any ties shall be broken in accordance with the following rules and RRS D4.4 is changed accordingly. Ties shall be broken in the following order in favour of:
- (a) If all tied teams have met, the number of races won when the tied teams met.
  - (b) If all tied teams have met, the points scored when the tied teams met.
  - (c) The sum of points scored in all races divided by the number of races sailed.
  - (d) For each tied team, the sum of the percentages of races won by the teams they beat, calculated as H3 above, divided by the number of races they won.
  - (e) For each tied team, the sum of the average points per race for the teams they beat, divided by the number of races they won.
  - (f) A sail-off if possible, otherwise a game of chance.
- H4 In H3(b), H3(c) and H3(e) the team with the lowest number shall be ranked first; in all other cases the team with the highest number shall be ranked first.
- H5 If a tie is partially resolved by one of the above, then the remaining ties shall be broken by starting again at H3(a).
- H6 For the purposes of H3(c), if a team is penalized a race win, or part thereof, the penalty is changed to include 6 points added to the team's overall score (or 6 points pro-rated e.g. half a race win is 3 points).

## **Addendum K**

### **When Boats are supplied by the Organizing Authority**

#### **K1 EQUALISATION AND ALLOCATION**

- (a) The organizing authority and race committee will take all reasonable steps to equalise the boats.
- (b) The race committee will allocate the boats to be used in each race.
- (c) Neither the allocation of boats, nor any variation between the boats and their equipment, shall be grounds for redress. This amends RRS 62.1.

**K2** Supplied boats shall be deemed to conform to their class rules;

**K3** When class rules change RRS 42, such changes shall not apply;

#### **K4 RESPONSIBILITY FOR A BOAT**

- (a) A boat shall remain the responsibility of the team until handed over to the race committee or the next team to use that boat. Boats shall be handed over as empty of water as practical and in racing trim.
  - (b) Competitors are responsible for inspecting their boats before racing.
  - (c) Competitors shall report any defects, damage or breakdown to the race committee at the first reasonable opportunity.
  - (d) When to continue racing after damage a breakdown risks further damage to the boat, she shall retire immediately.
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