



UNIVERSITY SAILING SUSTAINABILITY CHALLENGE 2016-17

SELECT AND COMPLETE ONLY **THREE ACTIONS** FROM THE LIST TO ACHIEVE THE GOLD AWARD



GOLD AWARD CRITERIA

No.	Focus	Actions	Evidence	Date(s) to Action
1	Raising Awareness	<p>A presentation given by the Sustainability Officer and another member of the university sailing club to your local sailing club/venue members.</p> <p>Cover 5 impacts that sailing could have on the environment with ways to reduce them through environmental best practice e.g. Oil and fuel use, grey water discharge, water and energy use, Sewage (black water) discharge and waste. You can also inform your sailing club on what you have achieved so far in the challenge.</p>	<ol style="list-style-type: none"> 1. Presentation slides and any script notes. 2. Photos of the presentation being delivered with audience in shot. <p>Encourage your university sailing club members and your venue's committee and members to attend. The more people that are informed the better.</p> <p>You could incorporate a quiz and raffle into the evening to raise money for your sailing club.</p>	
2	Raising Awareness	<p>Create a short oil and fuel handling video guide that will inform other recreational boaters or university sailing clubs how they can reduce oil/fuel spillages and clean them up.</p> <p>Video: How to refuel an outboard engine in order to avoid fuel or oil spills using a fuel collar and SuperSpout and how to use a Spill Kit to clean a spillage.</p> <p>Contact TGB with your video idea beforehand for equipment and details on how to carry out the demonstrations.</p>	<p>Upload video onto your Facebook page with a description and email it to The Green Blue. Videos can be tweeted by TGB.</p> <p>Your video must:</p> <ol style="list-style-type: none"> 1. Introduce the environmental problem 2. Explain how boaters can potentially contribute to the problem 3. Have a practical demonstration on how they can minimise their impact. 	
3	Waste	<p>Encourage a group of at least 10 university sailing club members to undertake volunteer work to help clean up your club's dinghy park, sheds, club house and the foreshore and recycle items where possible or dispose of in hazardous/special waste bins. This could be done before or after a training session.</p> <p>Ask TGB if you are unsure on what classes as hazardous waste.</p>	<ol style="list-style-type: none"> 1. An email/Facebook post to club members informing and inviting them to the clean-up event. 2. Post 1 photo of volunteer work and 1 team photo holding the bags of litter you collected on Facebook. As part of your post, write the reasons why your club feels it is important to ensure litter is cleared from around the club and disposed of correctly. 	



4	Energy	<p>Encourage 10 of your members to calculate their carbon footprint and take 2 actions each to reduce their weekly carbon footprint.</p> <p>An action could be replacing some food items with organic alternatives, using more sustainable transport, washing sailing kit at 30°C, taking 5min showers for a week.</p> <p>Go to: http://footprint.wwf.org.uk/ to calculate how many planet earths would be needed if everyone lived your lifestyle.</p>	<ol style="list-style-type: none"> 1. Request and fill in spreadsheet with the carbon footprint scores and actions of the 10 members who are taking part, email completed spreadsheet to TGB. 2. Get the 5 members involved to post photos of their 2 actions on your clubs Facebook page with a description of what they are doing to be more sustainable. <p>Photographs and descriptions posted on FB by the 5 members need to be collated on a word document and emailed to TGB as evidence.</p>	
5	Bio-security	<p>Create a short video guide to support the Government's 'CHECK, CLEAN, DRY' campaign. Reduce the spread of aquatic Invasive Non-Native Species (INNS) from one area to another. For more information on INNS and the campaign visit http://www.rya.org.uk/go/alienspecies</p> <p>Video Guidance on how to Check, Clean and Dry a Dinghy to stop the spread of INNS:</p> <p>CHECK: Remove any visible plant or animal matter from your boat, equipment and clothes.</p> <p>CLEAN: Wash your entire boat, trailer and all sailing gear to remove any species that are not visible. Pay particular attention to crevices and where water can be trapped e.g. centreboard casing, rudder and base of the mast.</p> <p>DRY: Ensure your boat, equipment and clothes are dry before heading to another location to sail. Some invasive species can survive for weeks in damp conditions.</p>	<p>Upload video onto your Facebook page with a description and email it to The Green Blue. Videos can be tweeted by TGB.</p> <p>Your video must:</p> <ol style="list-style-type: none"> 1. Introduce the problems INNS can cause for the environment and boaters. 2. Explain how boaters can potentially contribute to the problem 3. Have a practical demonstration on how boaters should CHECK, CLEAN and DRY their boats, equipment and clothing. 	